

Studies in Psychodynamic Psychotherapy

A Two Year Training Program
Didactic, Supervision, Personal Therapy

Admission Criteria

Graduate of a certified mental health program at a Masters level or above, with a degree as MD, LCSW, PhD, PsyD, EdD, LMFT, LPC, or APRN.

Currently working in a clinical setting that would support seeing patients in regular psychodynamic psychotherapy. If the applicant is employed by a clinic or other organizational setting, they will need permission from the clinical director to use clinical material in supervision or case presentations.

Appropriate license in mental health field for practice in the state of Connecticut.

If in private practice, adequate malpractice insurance (currently 1 million/3 million).

Submission of a summary of experience with psychotherapy, including number and types of patient seen, range of diagnoses and modality of psychotherapy. Two letters of recommendation, at least one of which is from someone who is well acquainted with the applicant's current clinical work.

A brief statement of interest by the applicant. What kind of practice does the student want to have?

Interviews by two members of the Program Committee to ascertain maturity, integrity, emotional stability, sense of boundaries, confidentiality, motivation, experience with psychodynamic work, clinical aptitude, and psychological mindedness. The Program Committee will review applications and determine acceptance.

Courses

3 trimesters per academic year, with two courses of 8 sessions each trimester. The two courses will run back-to-back on one night of the week. Each will be one hour and 30 minutes, and there will be a 15 minute break between courses. An ethics module will be offered in the beginning of the Assessments course.

First Year

First trimester

- Thinking About Psychodynamic Psychotherapy
- Case Conference I

Second trimester

- Understanding Fundamental Concepts
- Case Conference II

Third trimester

- Working with Difficult Patients
- Case conference III

Second Year

First trimester

- Development I
- Case Conference IV

Second trimester

- Treatment and Termination
- Case Conference V

Third trimester

- Psychopathology
- Case Conference VI

Personal Therapy

In order to be an effective psychodynamic psychotherapist, one must have experience being a patient and have some familiarity with one's own unconscious processes. Each applicant therefore should have an experience of personal psychodynamic psychotherapy or psychoanalysis either before beginning this program or concurrently at the beginning of the program.

Supervision

Ongoing psychotherapy cases from the applicant's caseload will be presented in weekly supervision. Two such cases will be required. The student will have 2 supervisors, each for one year. The patients presented will be agreed upon by the clinician and supervisor together. Each potential patient for supervision is first presented to the supervisor and will be screened by the supervisor.

Fees will be individually arranged between clinician and supervisor and will be paid directly to the supervisor.

All supervision will take place in the office of the supervisor and will be arranged as a private contract between participant and supervisor.

Supervisors will be graduate psychoanalysts who are also regular, special or lifetime members of the WNEPS. Each patient will give written informed consent acknowledging awareness that his or her therapist is a student in the WNE Psychotherapy Program.

Progression

Students will progress to the second year if there is reasonable attendance and participation in class, and if they have met supervisory requirements. A certificate will be awarded at the end of the 2 year program.



Fees:

Tuition - \$1800 per year

Application fee - \$50

Supervision - arranged individually

If you have further questions or wish to receive an application, please contact the program director.

Robert S. White, MD

Robertwhite@comcast.net

203-624-8503

Psychotherapy Committee

Robert White, MD

Susan Bers, PhD

Debra Boltas, PhD

Fred Koerner, PhD

Janet Madigan, MD

Western New England Psychoanalytic Society
255 Bradley St.
New Haven, CT 06510

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203-562-2103

<http://www.westernnewengland.org/>

Contact:

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